### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.



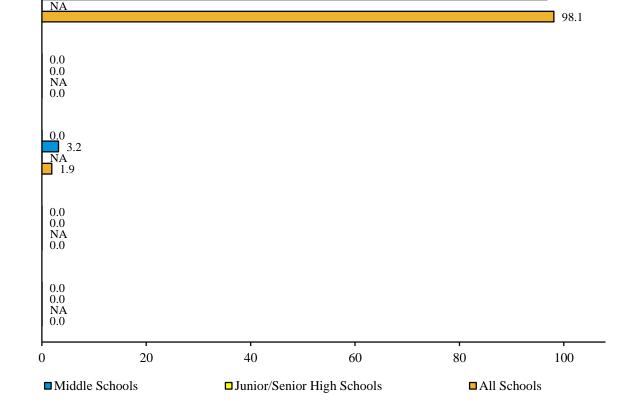






#### e. 4 or more courses

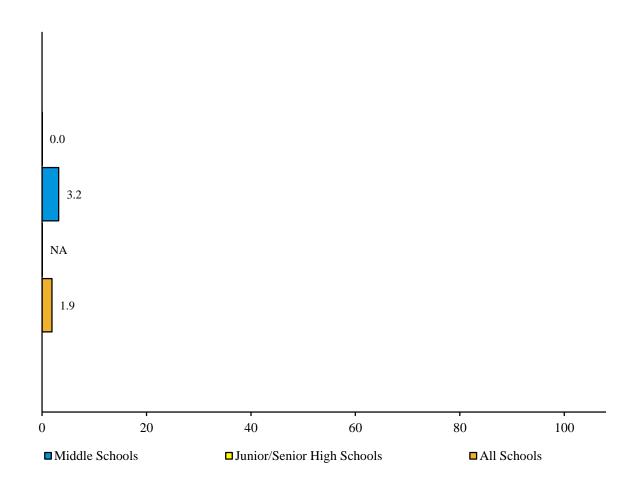
■ High Schools



100.0 96.8

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

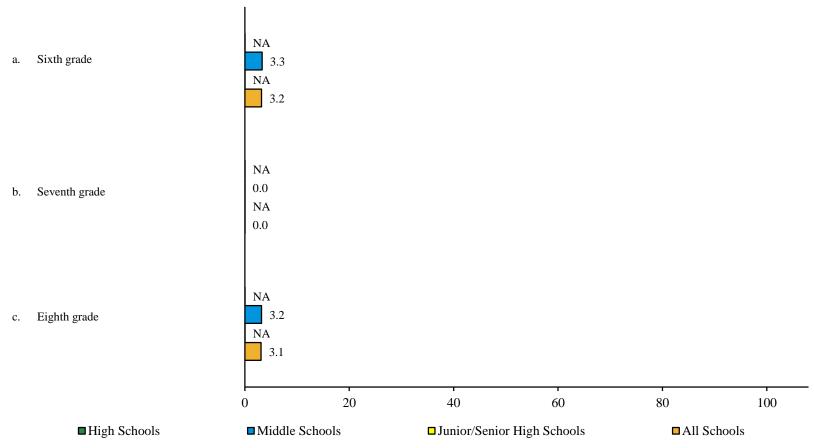
1N. Percentage of all schools that require students to take two or more health education courses.



■ High Schools

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

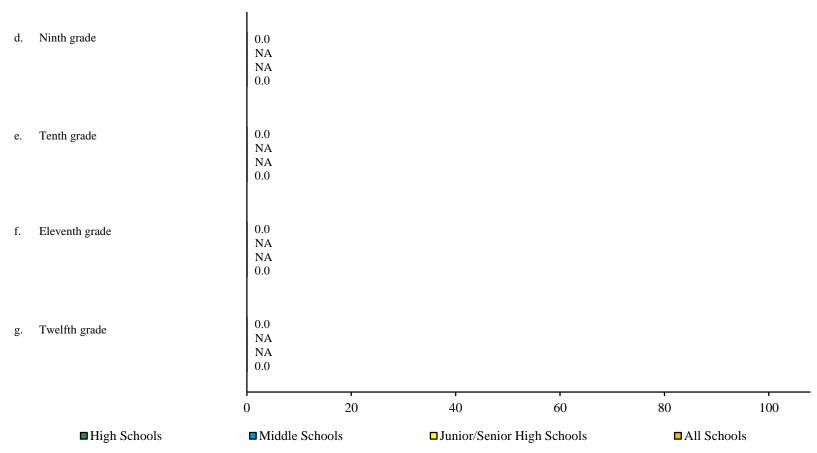
2. Percentage of schools that taught a required health education course in each of the following grades.\*



<sup>\*</sup>Among schools with students in that grade.

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

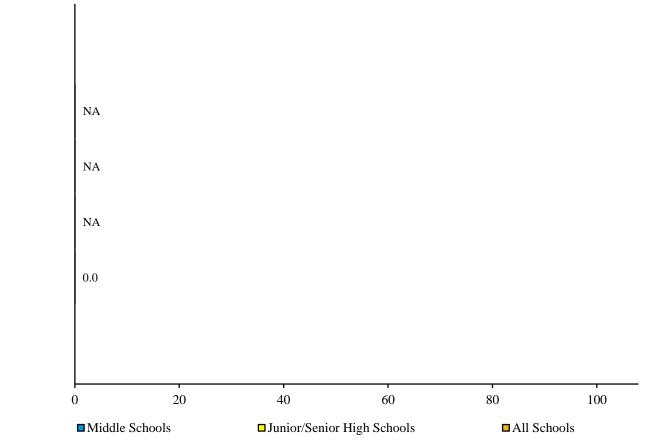
2. Percentage of schools that taught a required health education course in each of the following grades.\*



<sup>\*</sup>Among schools with students in that grade.

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.\*

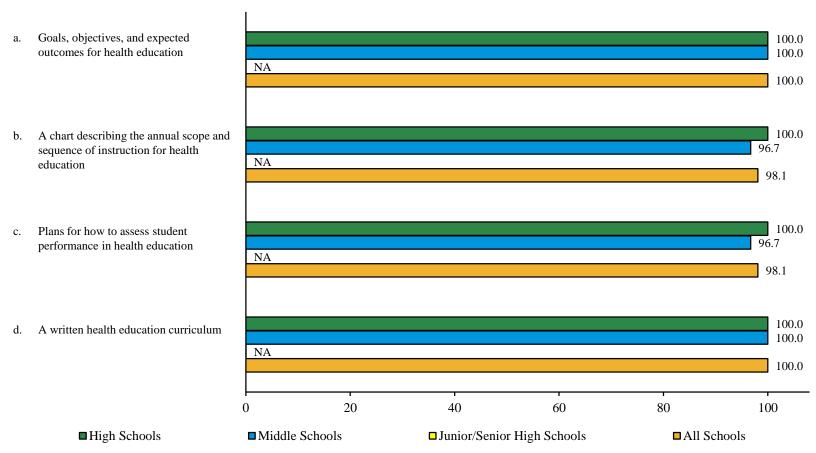


<sup>\*</sup>Among schools in which students take one or more required health education courses in any of grades 6 through 12.

■ High Schools

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

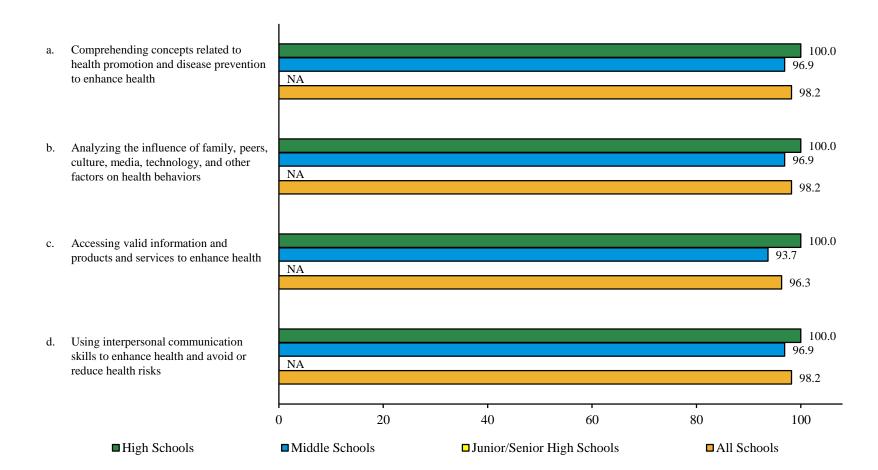
4. Percentage of schools in which those who teach health education are provided with each of the following materials.\*



<sup>\*</sup>Among schools that teach health education. Respondents that answered "NA" are excluded.

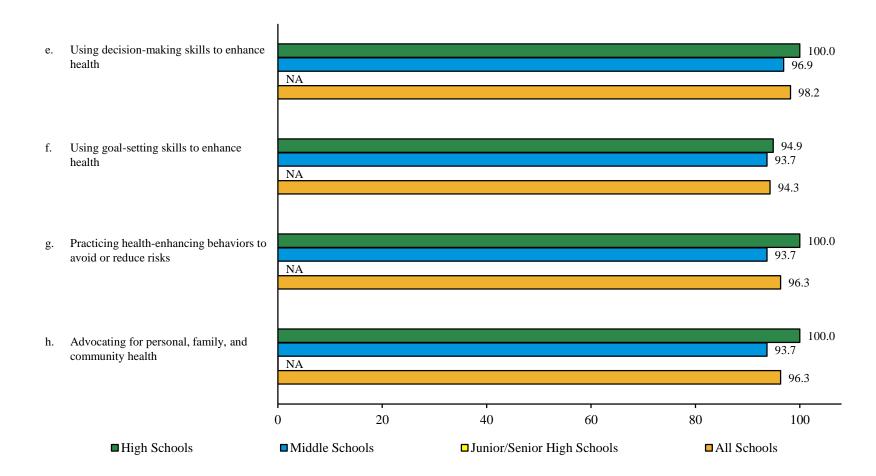
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.



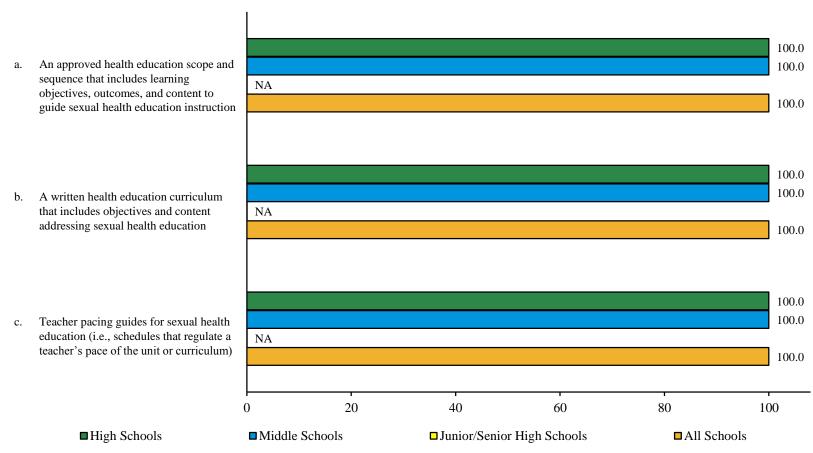
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

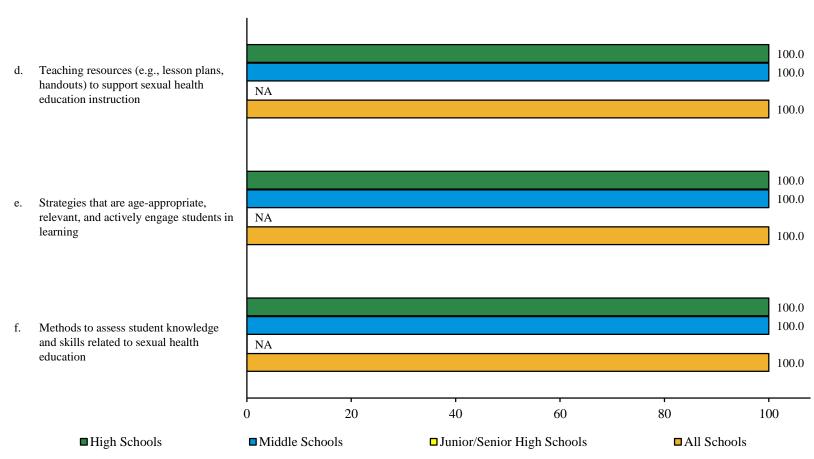
6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*



<sup>\*</sup>Among schools that teach sexual health education.

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

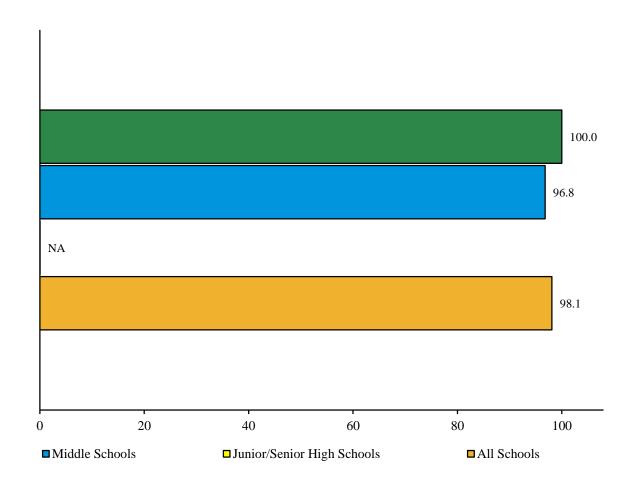
6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*



<sup>\*</sup>Among schools that teach sexual health education.

# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

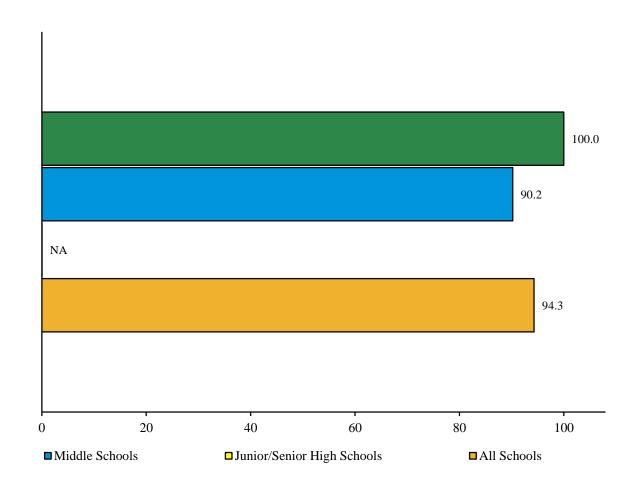
7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.



■ High Schools

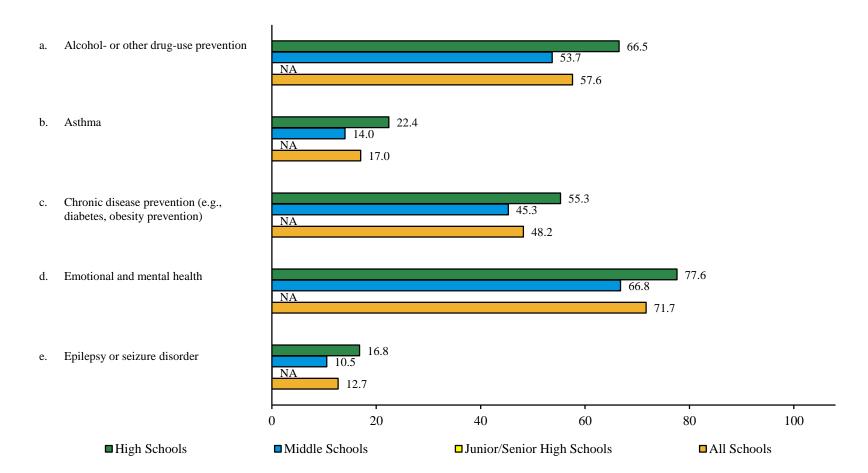
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

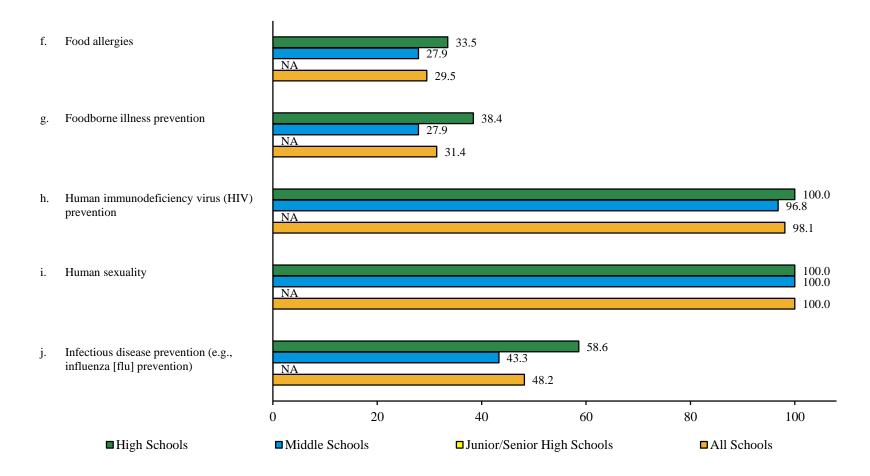


■ High Schools

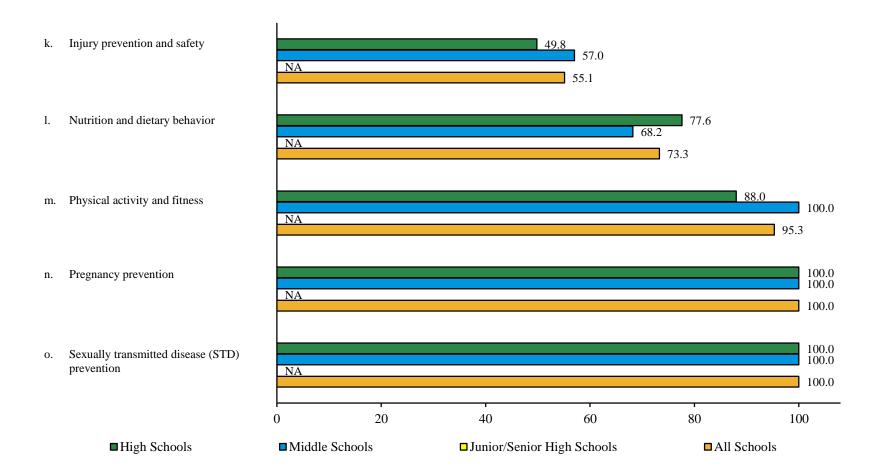
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



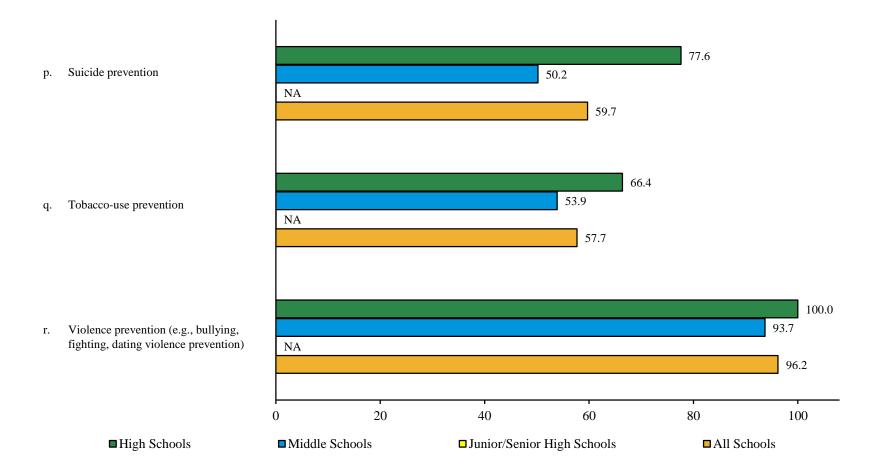
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

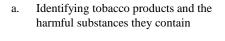


### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

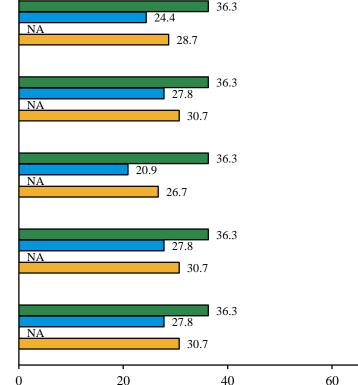


## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



- b. Identifying short- and long-term health consequences of tobacco product use
- c. Identifying social, economic, and cosmetic consequences of tobacco product use
- Understanding the addictive nature of nicotine
- e. Effects of nicotine on the adolescent brain

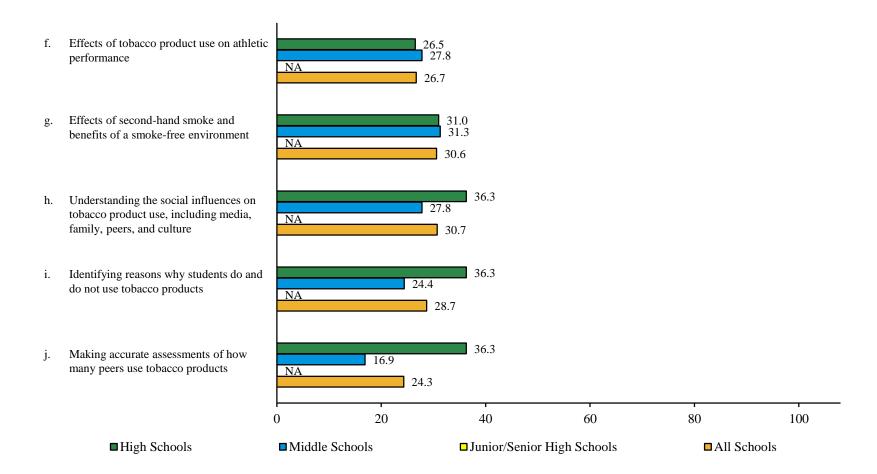




100

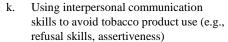
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

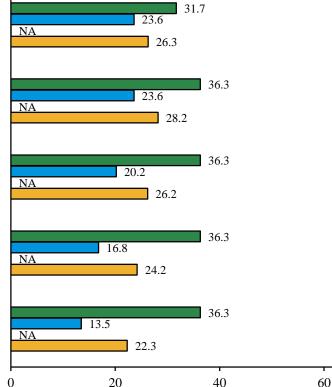


## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



- Using goal-setting and decision-making skills related to not using tobacco products
- Finding valid information and services related to tobacco-use prevention and cessation
- n. Supporting others who abstain from or want to quit using tobacco products
- Identifying harmful effects of tobacco product use on fetal development

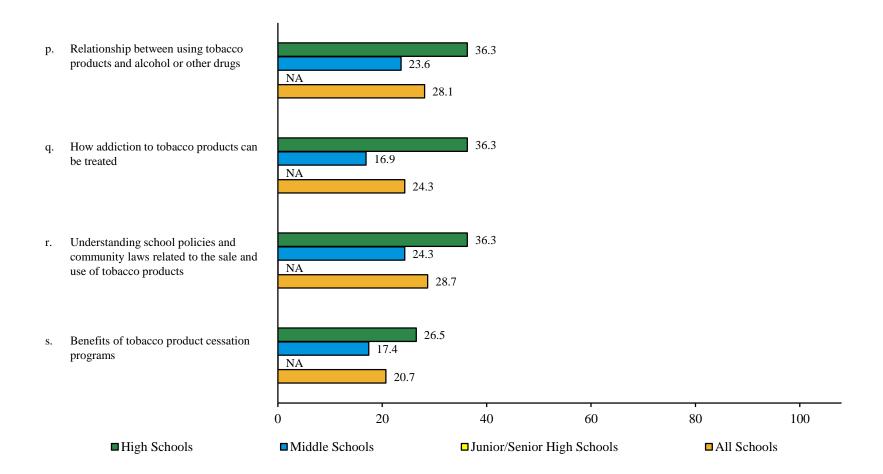






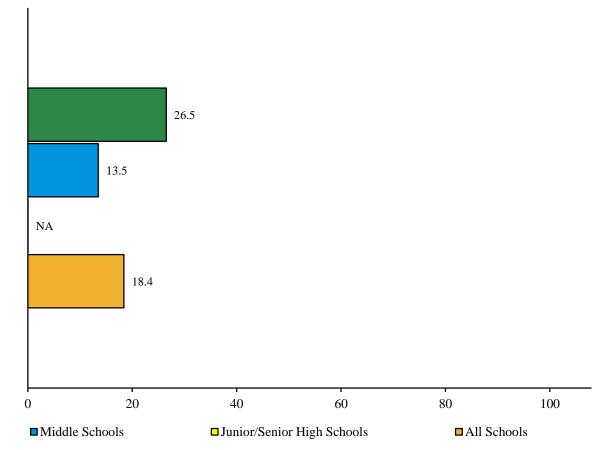
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

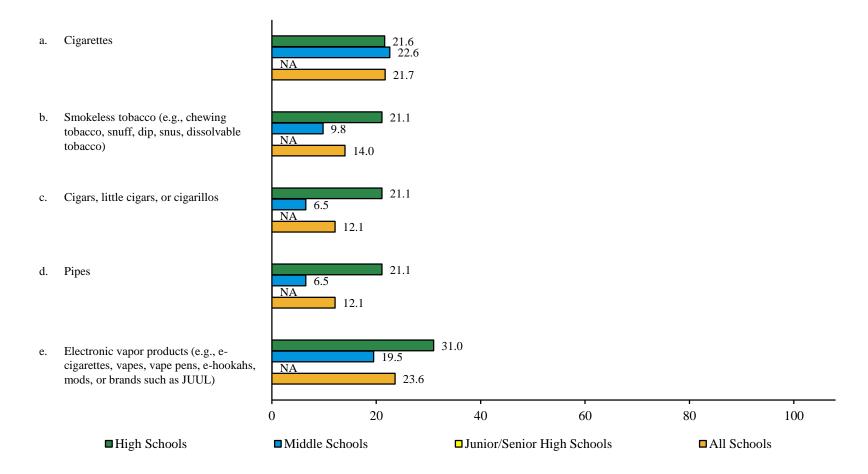


<sup>■</sup> High Schools

\*Responses to question 10 a through s all are "yes."

## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

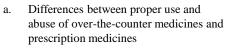
11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

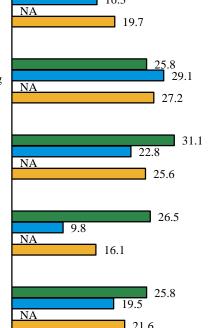
12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

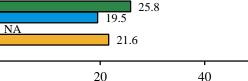
25.8



- Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs
- c. Situations that lead to the use of alcohol and other drugs
- Alcohol and other drug use as an unhealthy way to manage weight
- Identifying reasons why individuals choose to use or not to use alcohol and other drugs

■ High Schools





■ Middle Schools

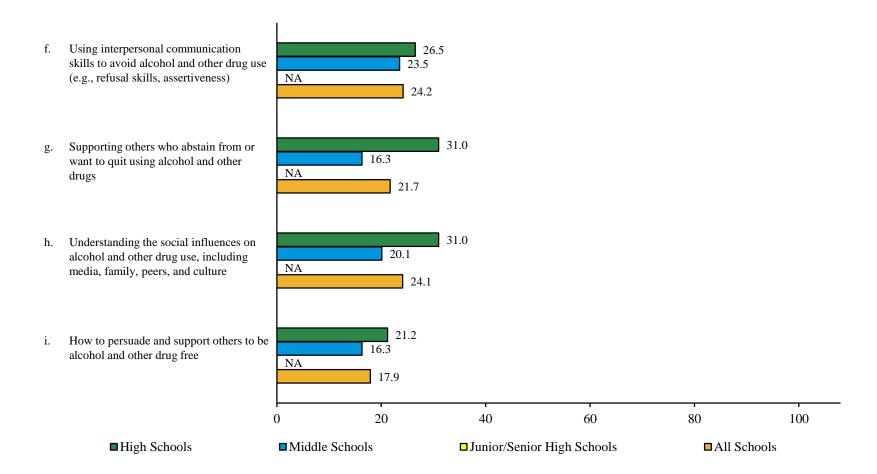
60 80 100

High Schools

□ Junior/Senior High Schools

## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

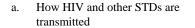
NA

NA

NA

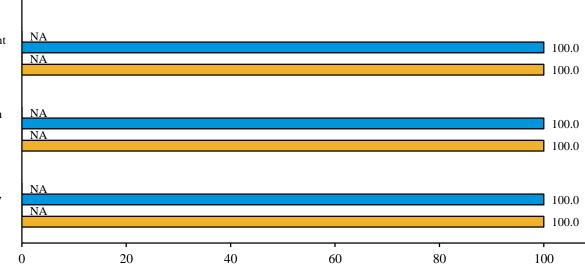
NA

■ Middle Schools



- b. Health consequences of HIV, other STDs, and pregnancy
- c. The benefits of being sexually abstinent
- d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
- e. The influences of family, peers, media, technology and other factors on sexual risk behaviors

■ High Schools



□ Junior/Senior High Schools

■ All Schools

100.0

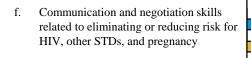
100.0

100.0

100.0

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.



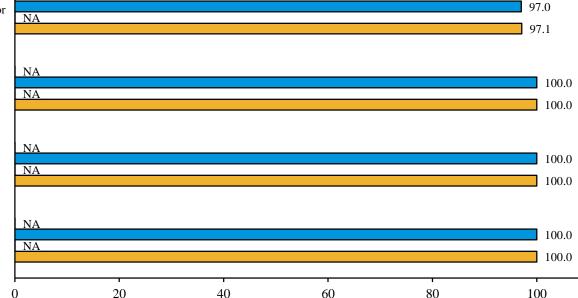
NA

NA

NA

■ Middle Schools

- Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
- Influencing and supporting others to avoid or reduce sexual risk behaviors
- Efficacy of condoms, that is, how well condoms work and do not work
- The importance of using condoms consistently and correctly



□ Junior/Senior High Schools

■ High Schools

100

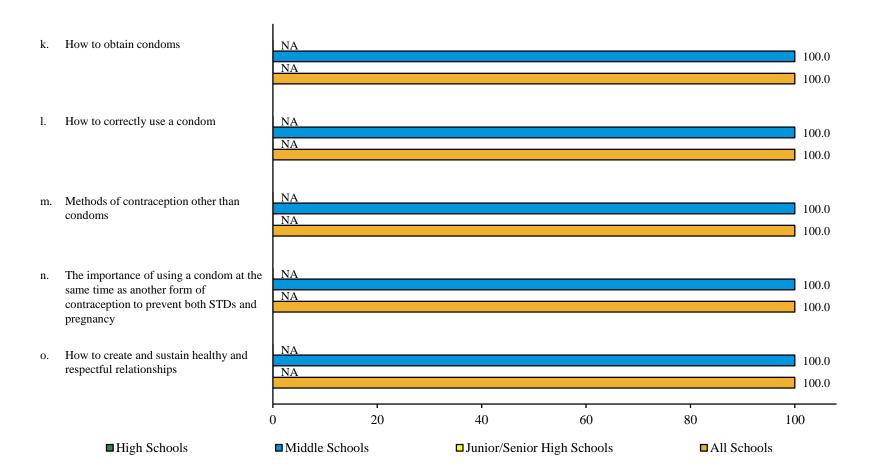
■ All Schools

100.0

100.0

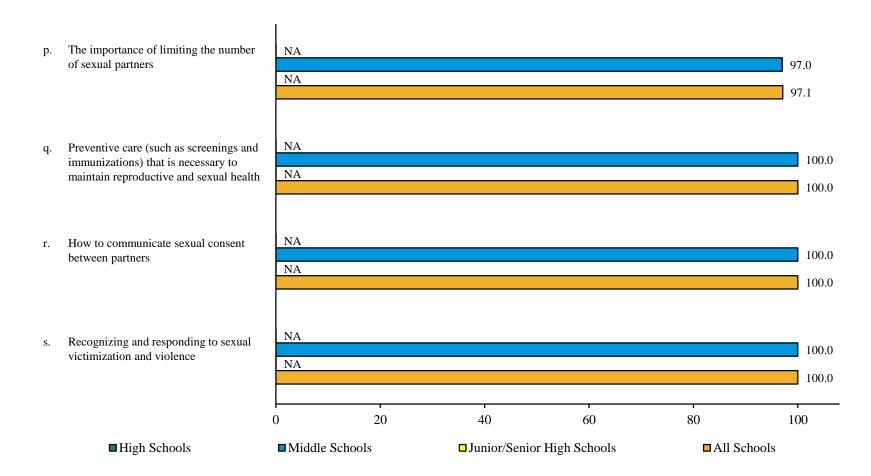
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.



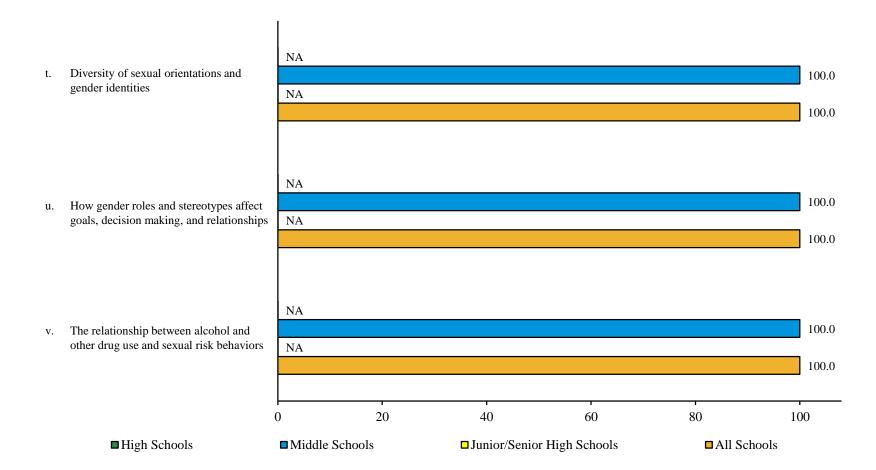
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

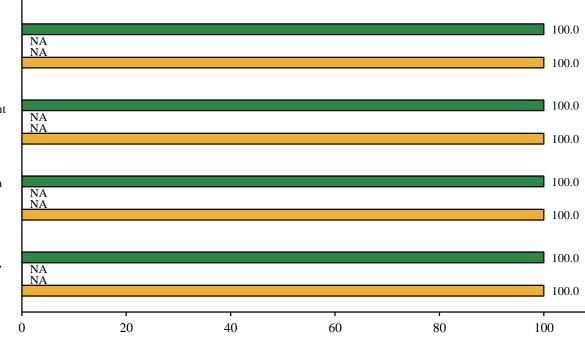
NA

NA

■ Middle Schools

- a. How HIV and other STDs are transmitted
- b. Health consequences of HIV, other STDs, and pregnancy
- c. The benefits of being sexually abstinent
- d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
- e. The influences of family, peers, media, technology and other factors on sexual risk behaviors

■ High Schools



□ Junior/Senior High Schools

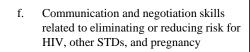
■ All Schools

100.0

100.0

## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



NA

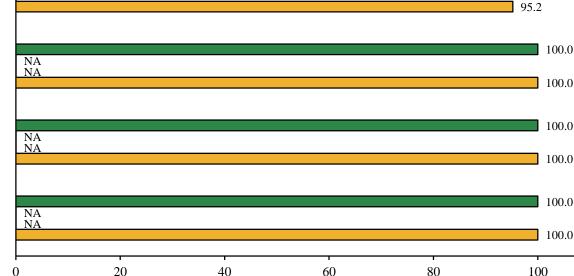
NA

NA NA

■ Middle Schools

- Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
- h. Influencing and supporting others to avoid or reduce sexual risk behaviors
- i. Efficacy of condoms, that is, how well condoms work and do not work
- . The importance of using condoms consistently and correctly

■ High Schools



□ Junior/Senior High Schools

■ All Schools

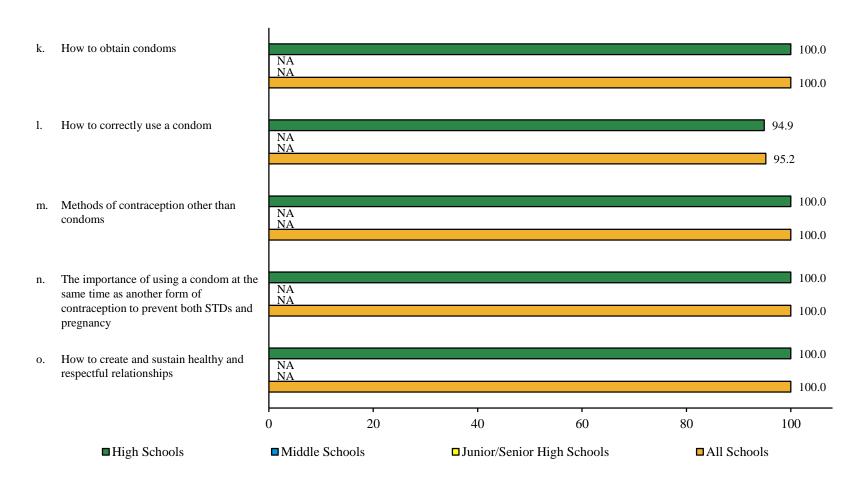
100.0

100.0

94.9

## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



40

60

□ Junior/Senior High Schools

80

■ All Schools

20

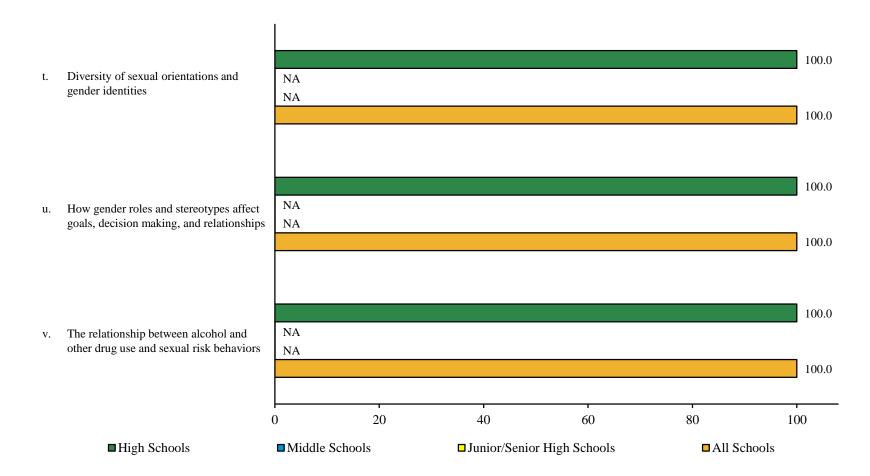
■ Middle Schools

■ High Schools

100

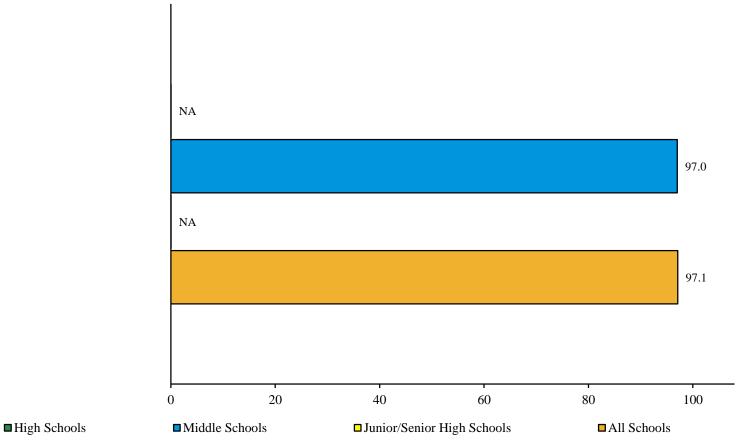
## 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

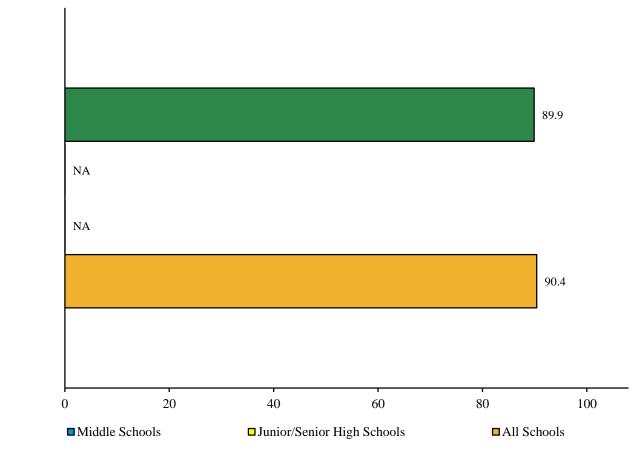
13N\_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.\*



<sup>\*</sup>Responses to question 13 a through v all are "yes."

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

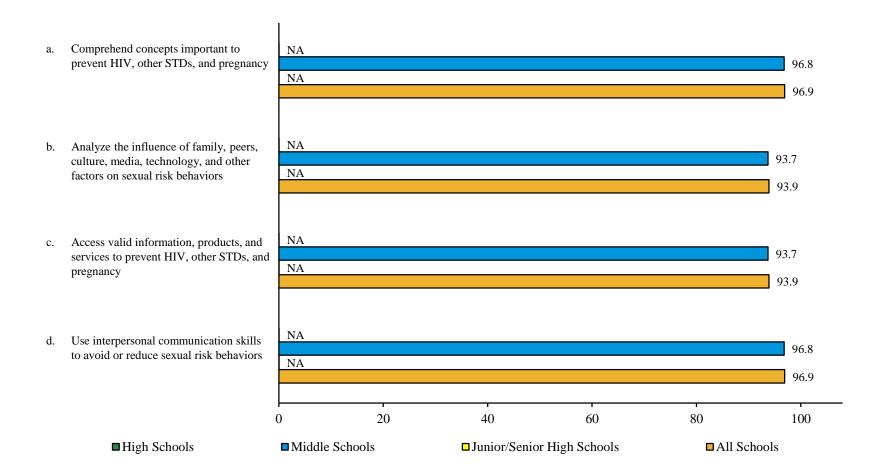
13N\_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.\*



<sup>\*</sup>Responses to question 13 a through v all are "yes."

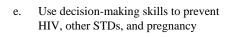
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

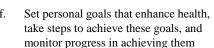
14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

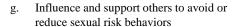


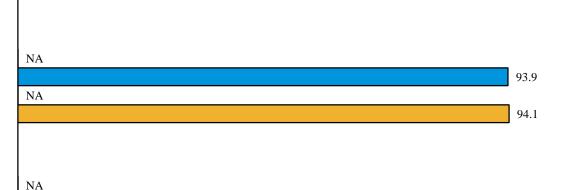
NA

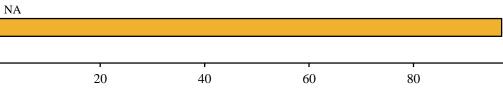
NA

■ Middle Schools









96.7

96.8

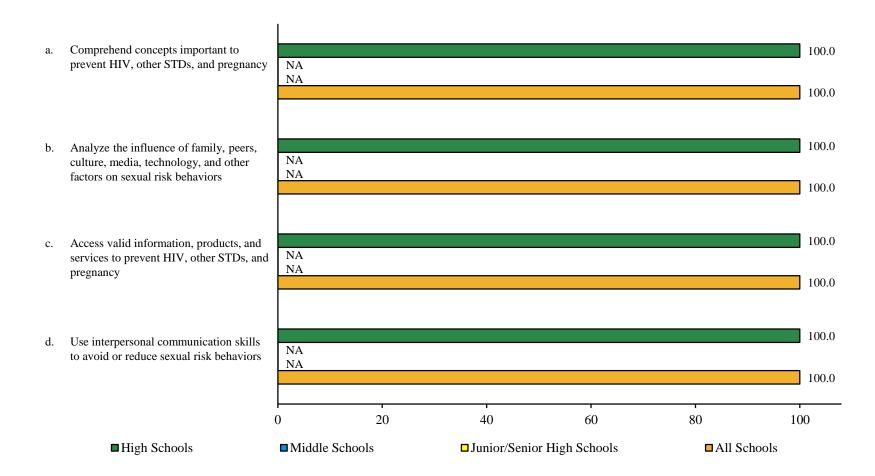
96.8

96.9

100

# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



40

□ Junior/Senior High Schools

60

80

■ All Schools

20

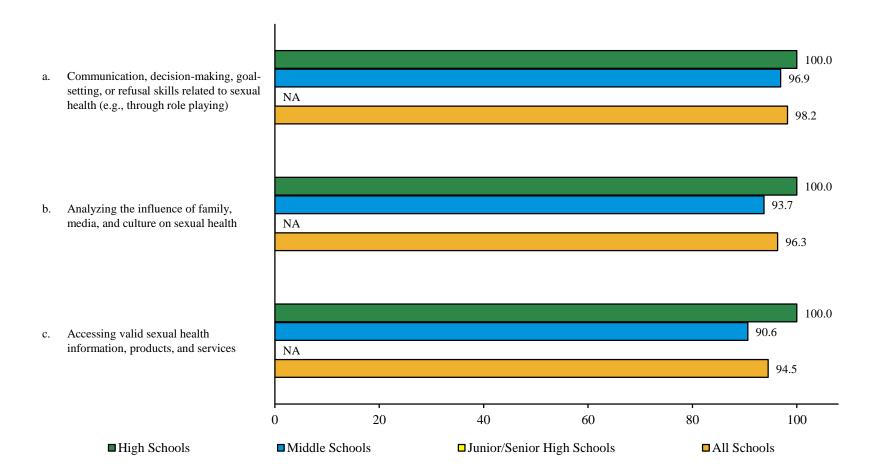
■ Middle Schools

■ High Schools

100

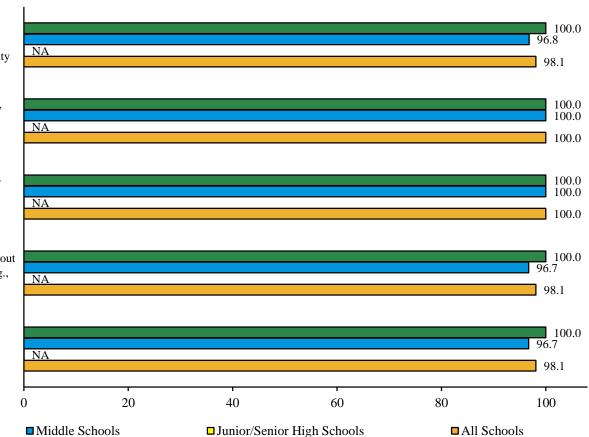
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.



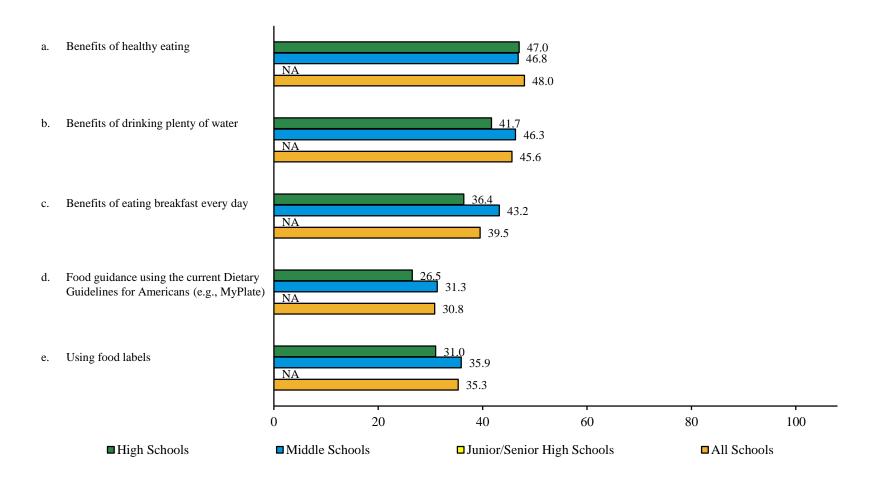
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

- 16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.\*
  - a. Encouraged use of gender-neutral pronouns such as "they/them" during instruction to recognize gender diversity among students
  - Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships
  - c. Encouraged students to respect others' sexual and gender identities
  - d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)
  - e. Identified additional LGBT resources available in the community or online

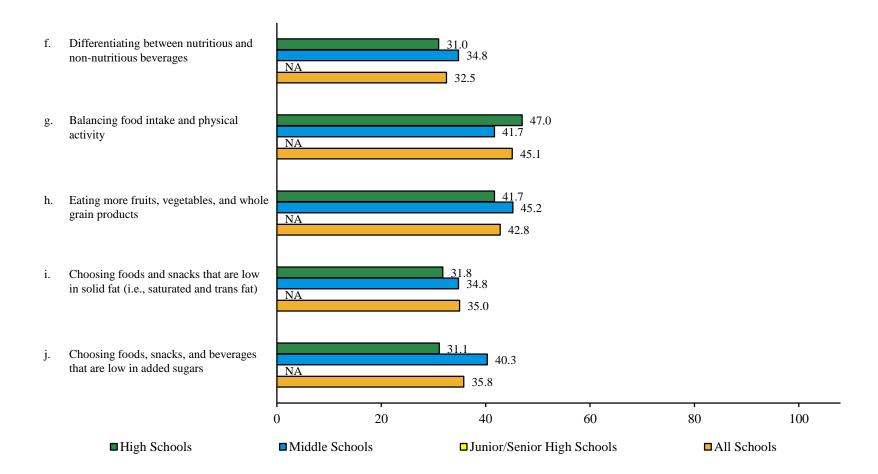


<sup>\*</sup>Among schools that teach sexual health education.

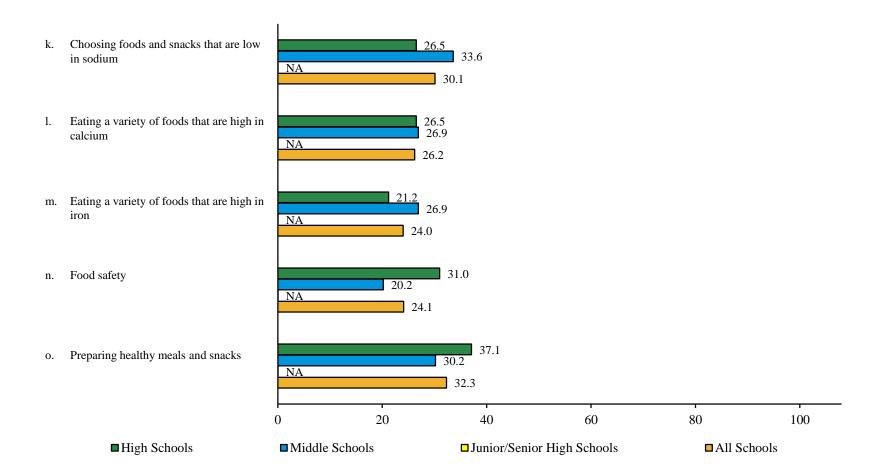
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



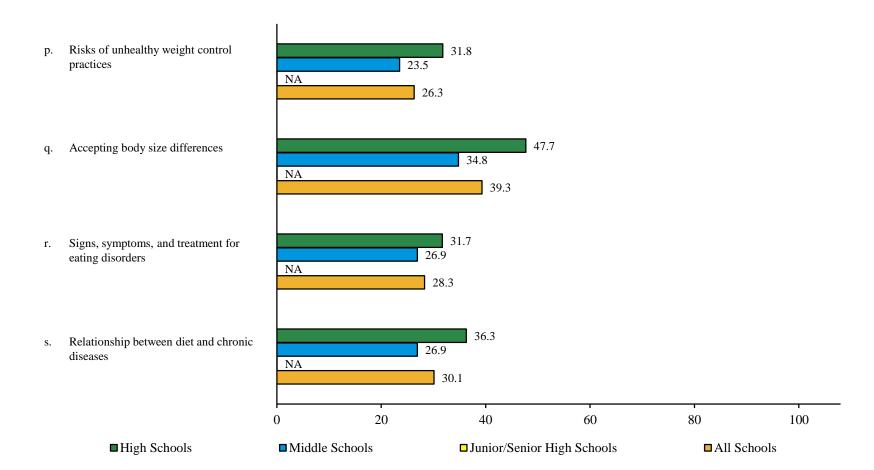
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



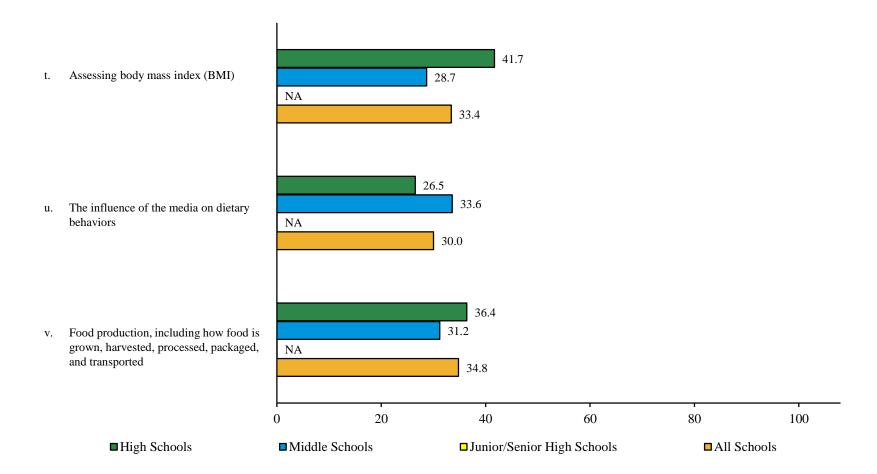
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

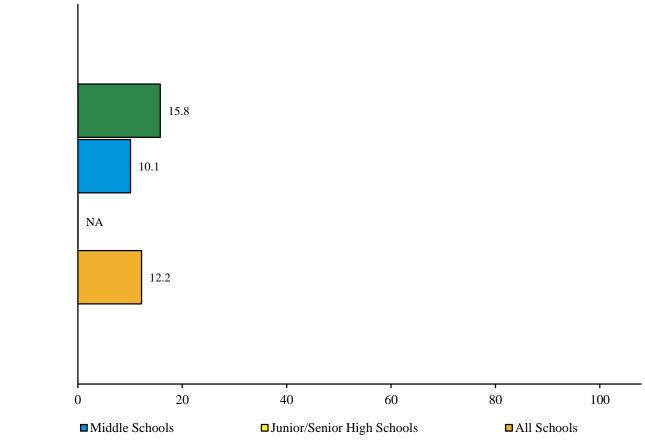


# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

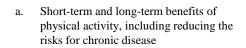
17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.\*



<sup>\*</sup>Responses to question 17 a through v all are "yes."

### **2020 School Health Profiles Report** Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



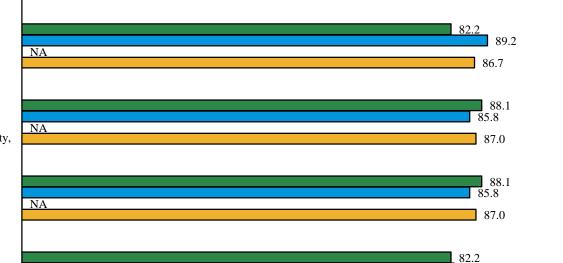
- Mental and social benefits of physical activity
- Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)
- Phases of a workout (i.e., warm-up, workout, and cool down)
- Recommended amounts and types of moderate, vigorous, musclestrengthening, and bone-strengthening physical activity

■ High Schools



NA

NA





80

82.8

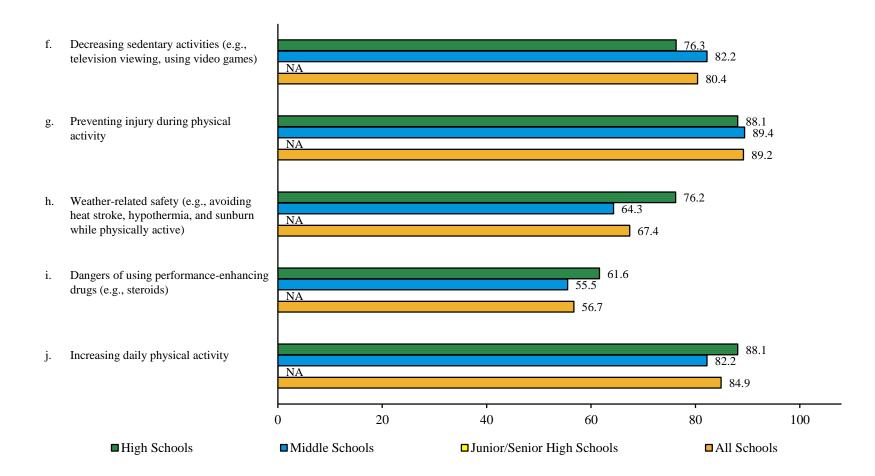
83.0

92.8

88.8

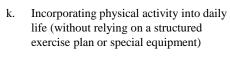
100

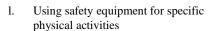
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

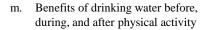


# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

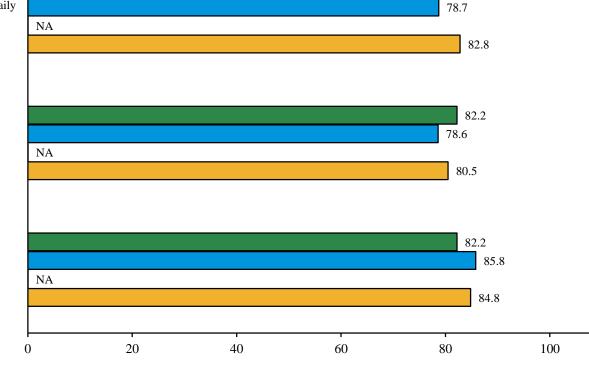






■ High Schools

■ Middle Schools



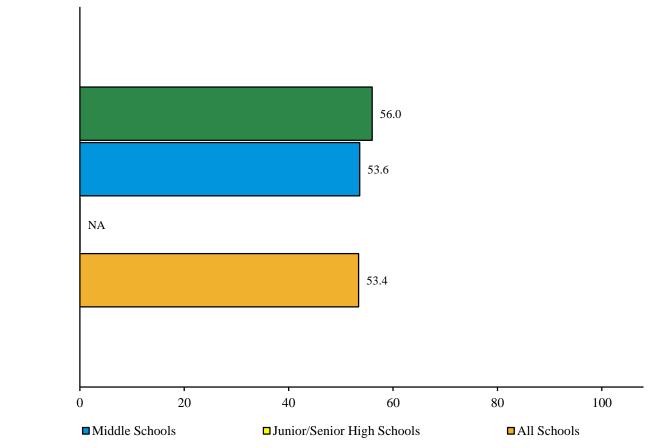
□ Junior/Senior High Schools

88.1

■ All Schools

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

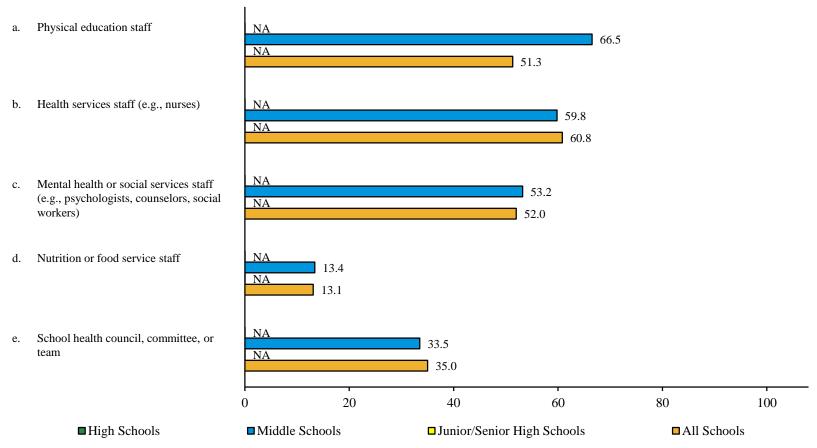
18N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*



<sup>\*</sup>Responses to question 18 a through m all are "yes."

# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

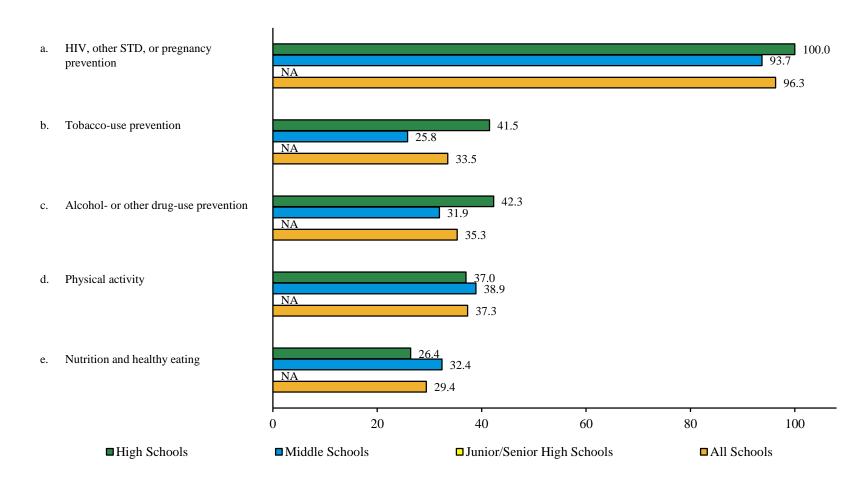
19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.\*



<sup>\*</sup>Among schools that have health education staff.

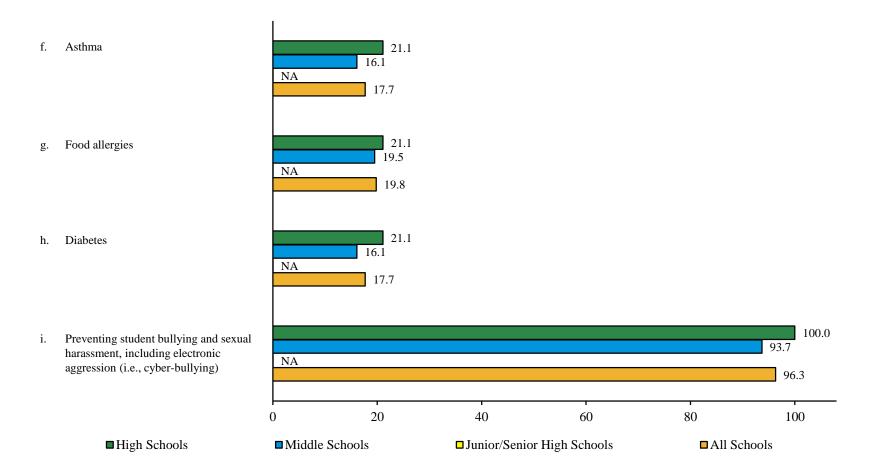
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



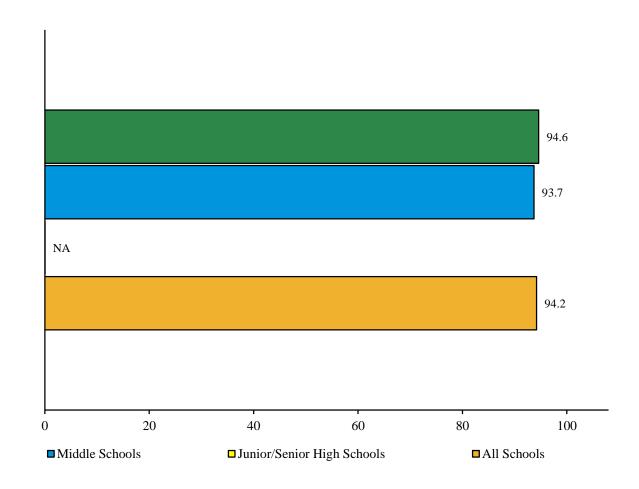
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

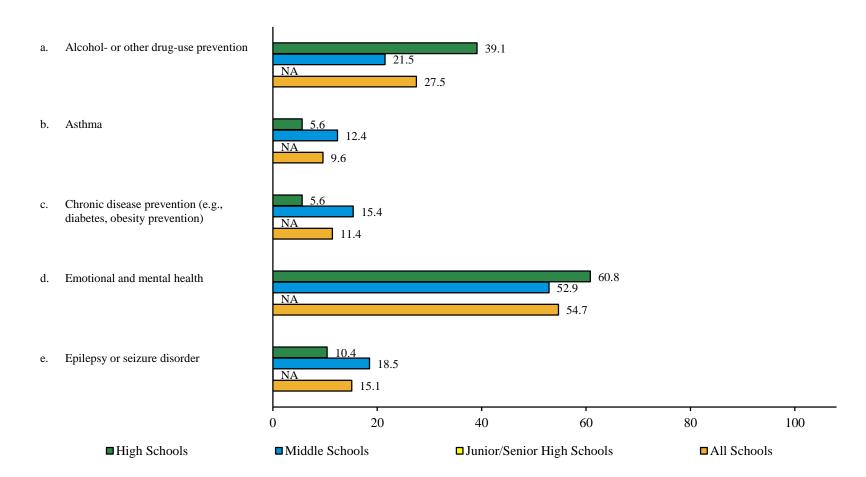


# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

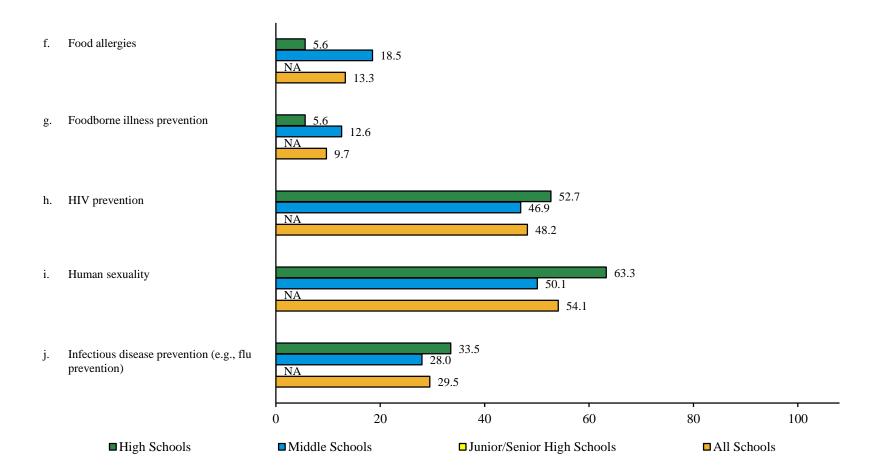
21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.



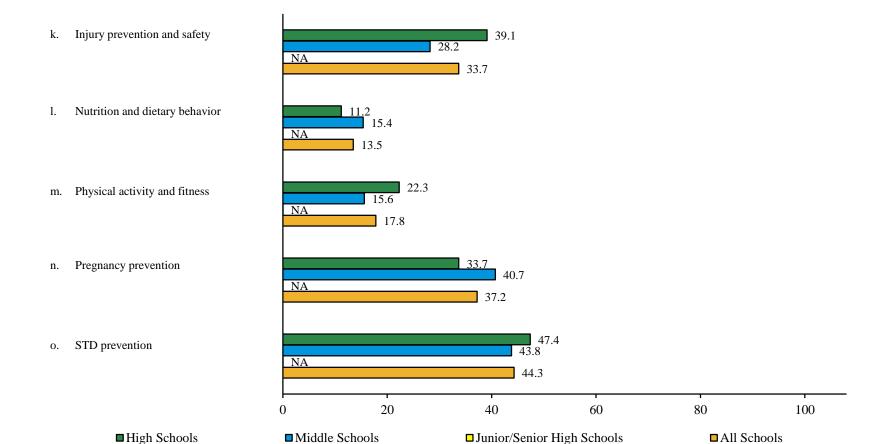
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



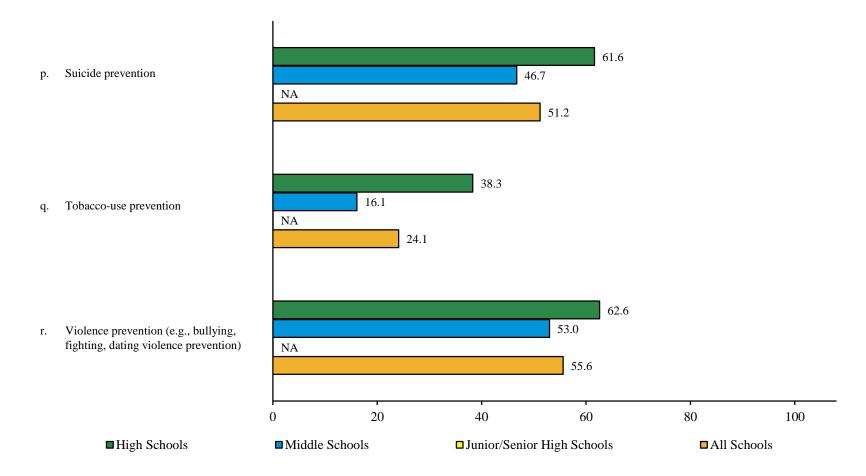
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



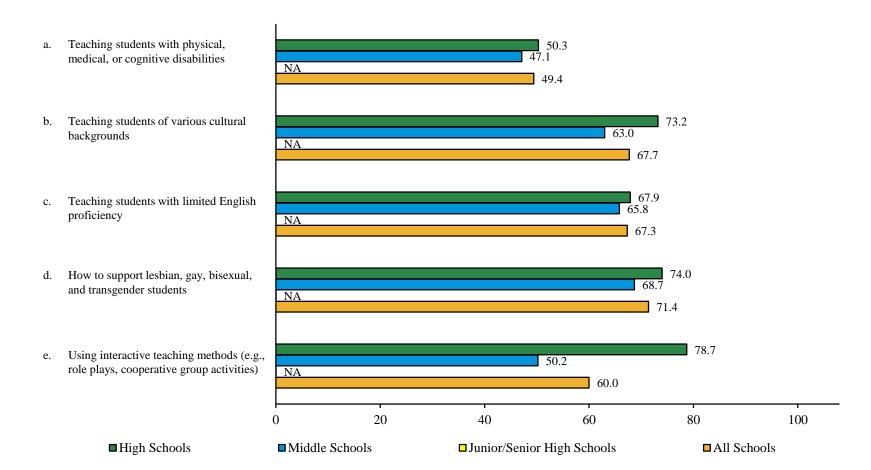
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



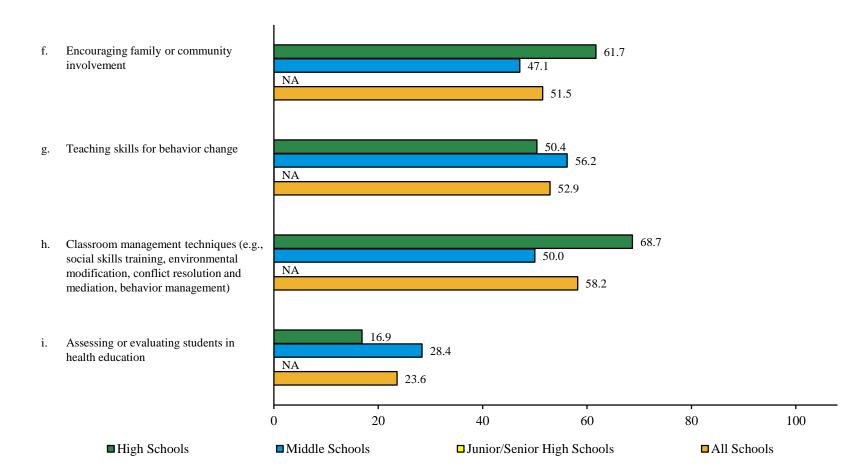
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

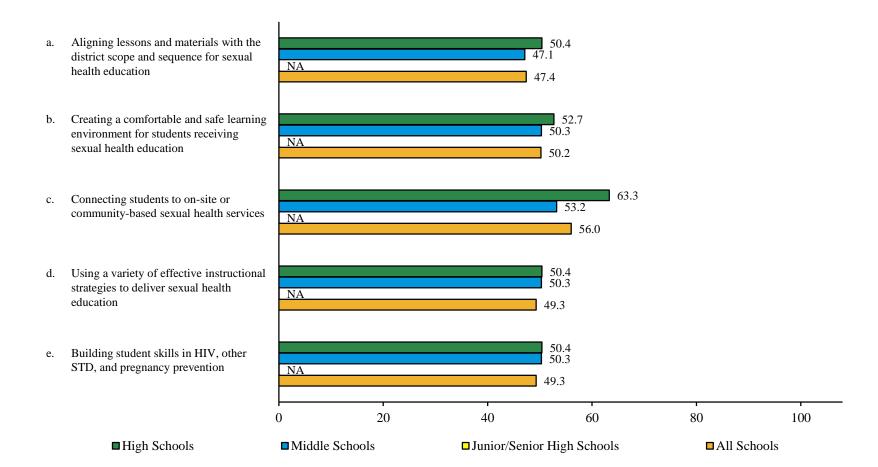


### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



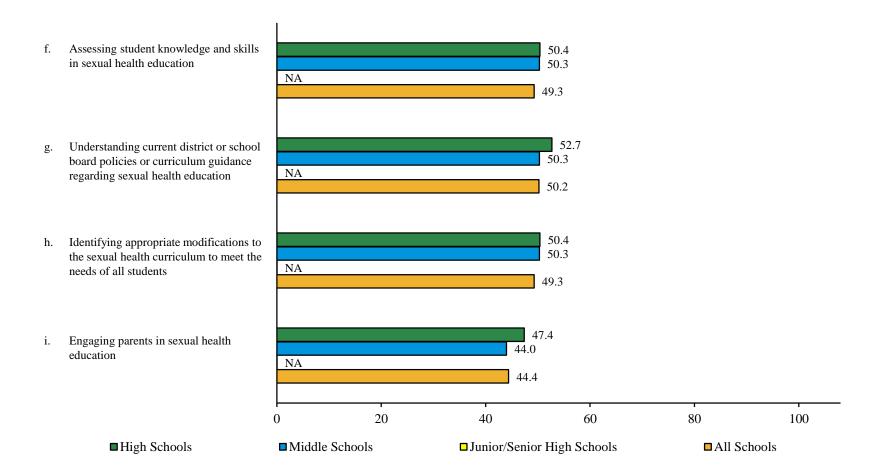
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



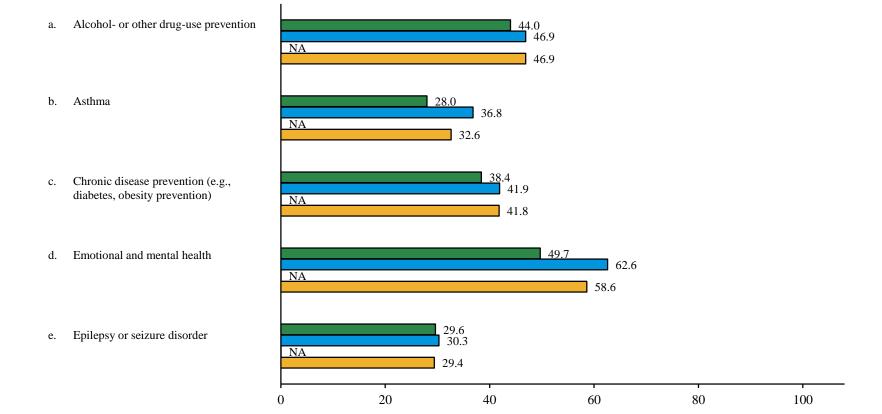
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



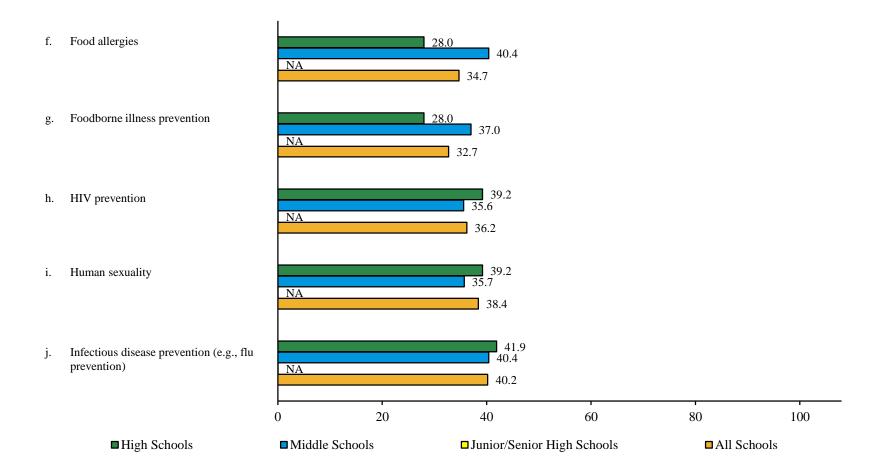
□ Junior/Senior High Schools

■ Middle Schools

■ High Schools

■ All Schools

### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

33.5

45.1

44.0 43.5

44.9

44.0

43.8

42.9

39.2

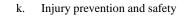
39.5

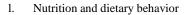
25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

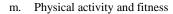
NA

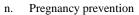
NA

NA

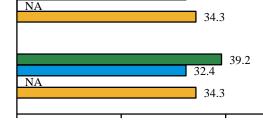




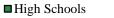




### STD prevention



20





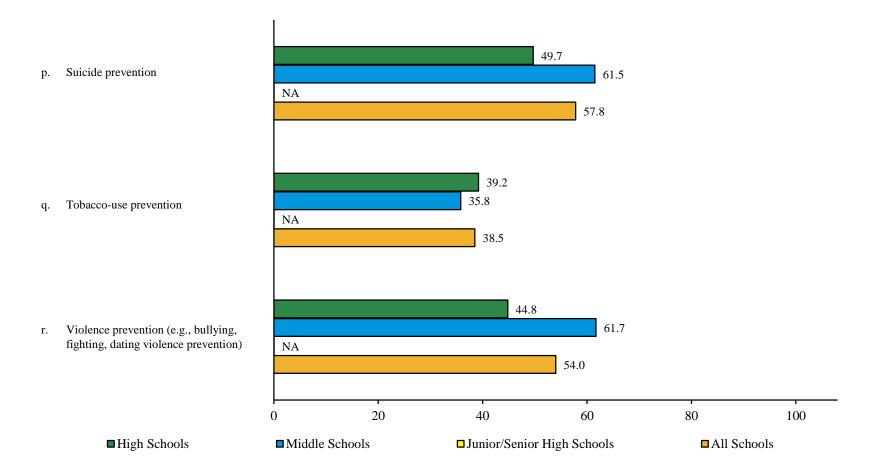
60

40

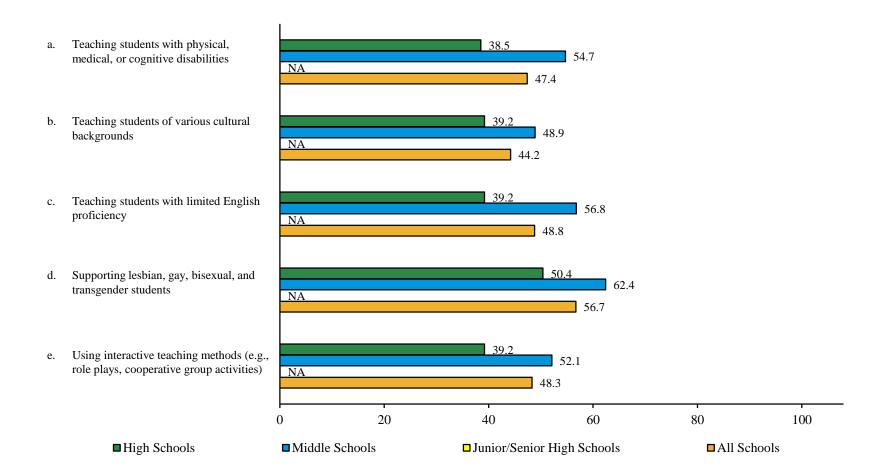


■ All Schools

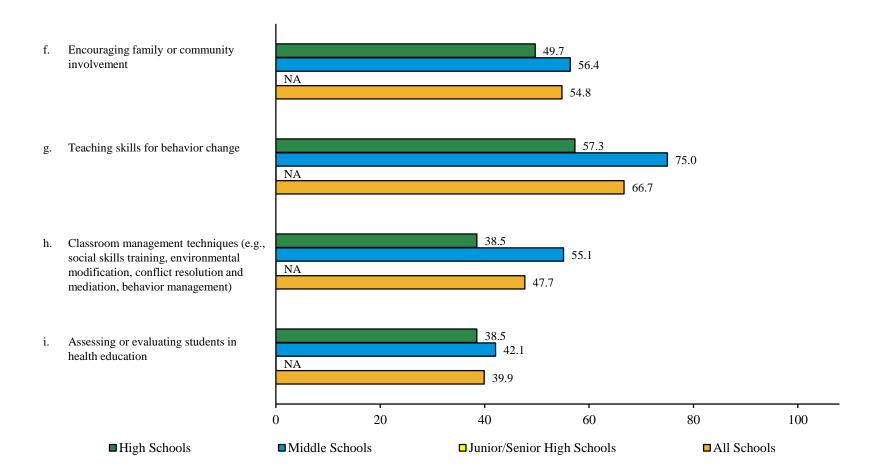
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

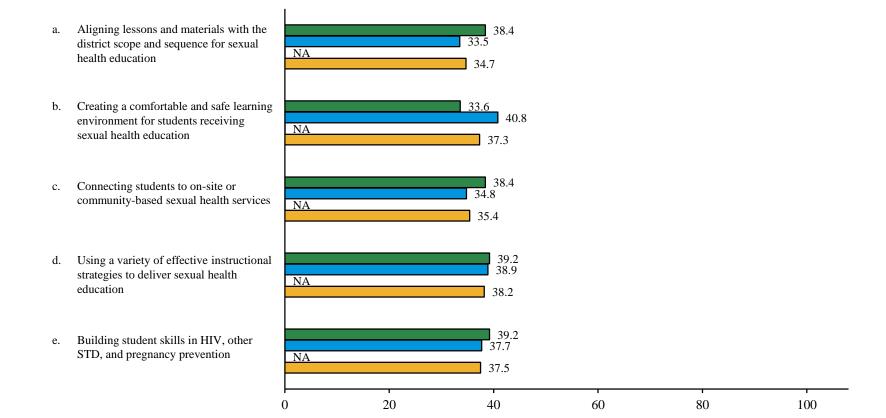


# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



■ Middle Schools

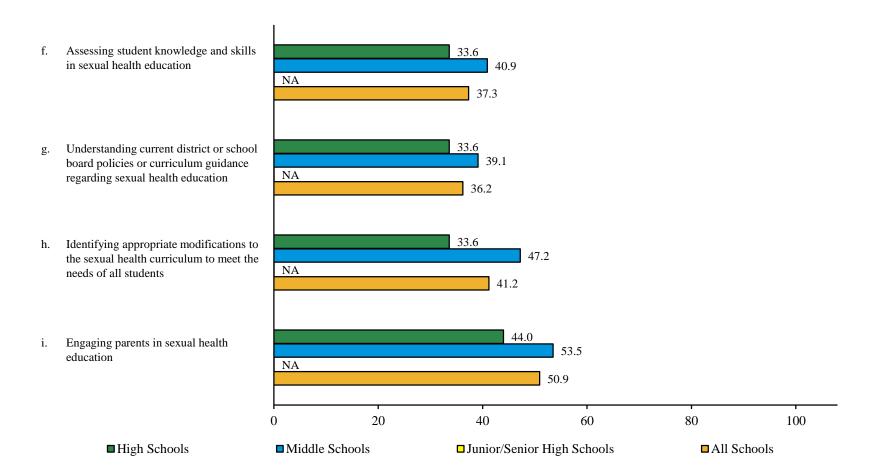
□ Junior/Senior High Schools

■ High Schools

■ All Schools

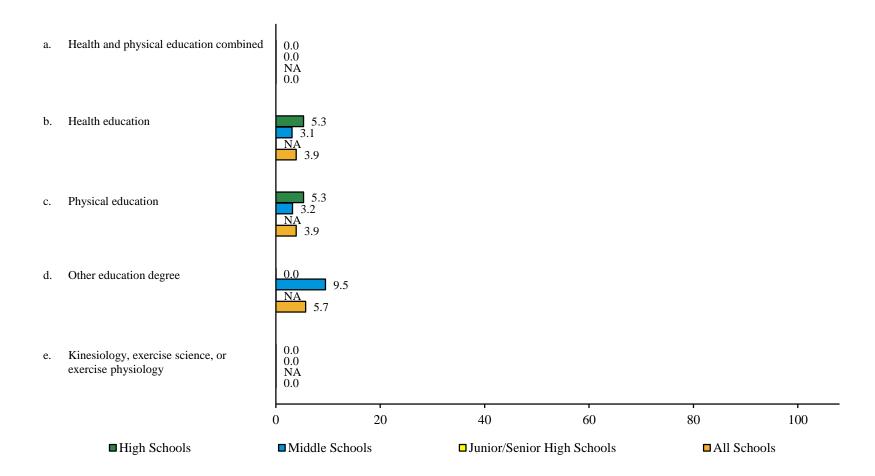
# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



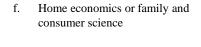
### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

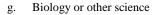
28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

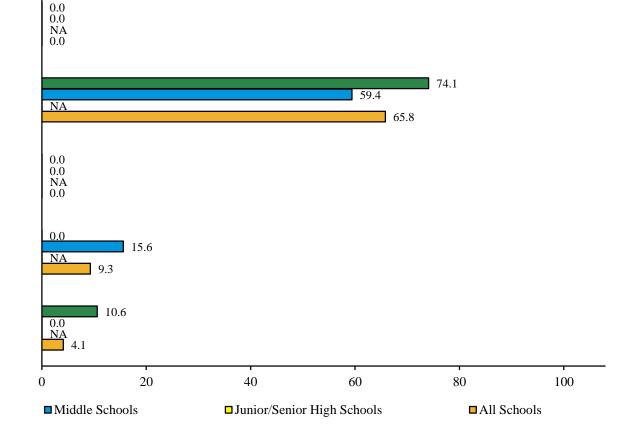










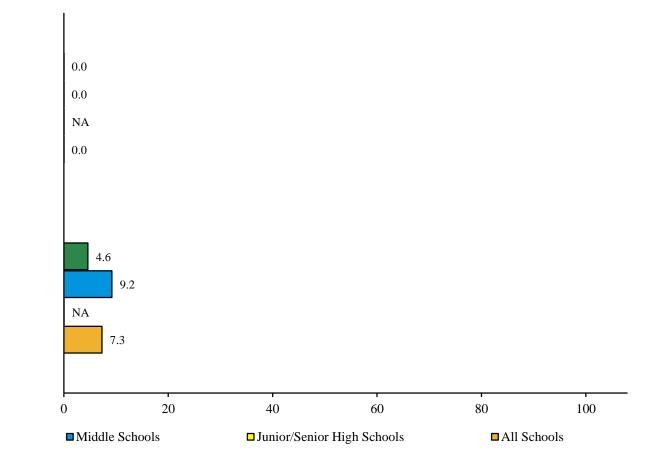


# 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

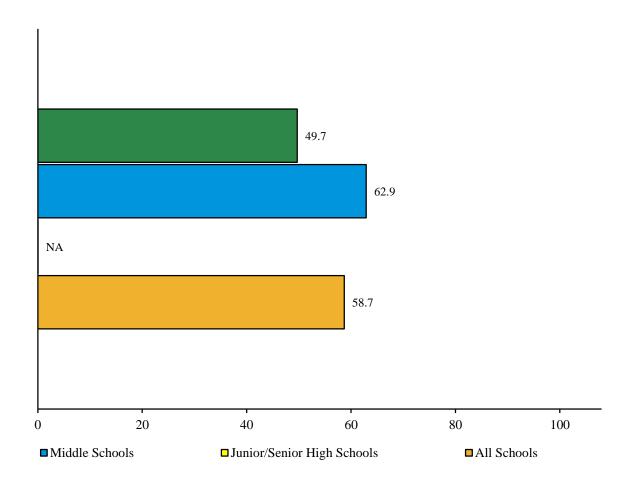
k. Nutrition

l. Other



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.



### 2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

26.0 26.0

25.5

5.4

NA

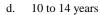
0.0

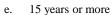
NA

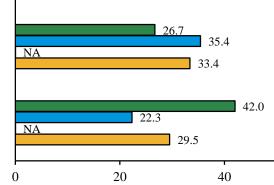












13.0

7.7



60